



October 14, 2009



weekly announcements

COMING UP ...

...ALL SCHOOL

- ◆ BOARD OF TRUSTEES MTG.
Tue Oct 20, 5:30pm, GS campus
- ◆ TOWN HALL MEETING (HS CAMPUS)
Wed Oct 28, 7:30pm - 9pm
- ◆ BOOK GROUP - A WHOLE NEW MIND
Thu Oct 15, 7pm, HS campus

...FOR THE HIGH SCHOOL

- ◆ HS PARENT COUNCIL MEETING
Wed Oct 14, 6:30 - 8:30pm, Herbst Hall
- ◆ OUTDOOR ED BACKPACKING TRIP
Sat Oct 17 - Mon Oct 19
- ◆ STUDENT SERVICE DAY
No HS CLASSES/HS FACULTY GRADING PERIOD
Mon Oct 19 (more on page 2)
- ◆ 11TH & 12TH GRADE PARENT EVENING
Wed Oct 21, 7pm - 8:30pm
- ◆ ACT TEST DATE (OFF CAMPUS)
Sat Oct 24

...FOR THE GRADE SCHOOL

- ◆ 4TH GRADE PARENT EVENING
Wed Oct 14, 7-9pm
- ◆ FAIRY WALK TICKETS ON SALE
Thu Oct 15, 12noon, in front of grade school
- ◆ GS PARENTS ASSOCIATION MEETING
Thu Oct 15, 7pm
- ◆ 2ND GRADE PARENT EVENING
Mon Oct 19, 7pm
- ◆ NURSERY EURYTHMY PARENT EVENING
Mon Oct 19, 7:30pm, GS campus
- ◆ KINDERGARTEN VISION SCREENING
Mon Oct 19, 8:45am - 12n, Volunteer still needed
- ◆ FAIRY WALK MEETING (every Tues. until Fairy Walk)
Tue Oct 20, 8:30am - 9:30am
- ◆ 1ST GRADE CLASS MEETING
Tue Oct 20, 7:15 - 8:45pm
- ◆ 5TH GRADE PARENT EVENING
Wed Oct 21, 7 - 8:30pm
- ◆ KINDERGARTEN PARENT EVENING
Wed Oct 21, 7 - 9pm
- ◆ OPEN HOUSE AT GRADE SCHOOL
Sat Oct 24, 9am - 12pm
- ◆ 8TH GRADE HALLOWEEN DANCE
Sat Oct 24, 7:30pm - 10:30pm
- ◆ 3RD GRADE PARENT EVENING
Mon Oct 26, 7pm - 9pm
- ◆ 8TH GRADE PARENT EVENING
Tue Oct 27, 7:15pm

**COOL-HEADED PARENTING STRATEGIES:
GETTING TO CALM**

Dr. Laura Kastner, specialist in adolescent behavior

Monday, October 19, 7:30pm - 9pm

Annunciation Church, 245 Valencia Street, San Francisco
visit sfwaldorfhighschool.org for more info



**ENVIRONMENTAL AUTHOR TIM FLANNERY AT THE HS
Wednesday, October 21, 11am - 12pm**

Author of the young adult book *We are the Weather Makers: The History of Climate Change* and *Now or Never: Why We Must Act Now to End Climate Change and Create a Sustainable Future*. Limited space available. Please RSVP to Mary Anne McGill at 415-213-6122 or mmcgill@sfwaldorf.org.



**HEALING OUR CHILDREN WITH ATTENTION, LEARNING
AND EMOTIONAL CHALLENGES**



A TALK WITH SUSAN JOHNSON, MD

Tuesday, November 10, 7:30-9:00pm

Grade School Campus. Donations welcome

Behavioral and developmental pediatrician Susan Johnson has made it her life's mission to connect the most recent findings of brain science with the deep wisdom of Rudolf Steiner's indications on learning and health. Don't miss this opportunity to hear her speak on this most important topic.

Our children, and especially boys, are being increasingly labeled with ADD, Learning Disabilities and Autistic Spectrum Disorders. What is going on? How might all of these disorders be related? What role does sensory integration dysfunction play in the development of these disorders? What can be done to heal our children that have been labeled with these disorders?

**Book discussion group for Daniel Pink's
*A Whole New Mind:
Why Right-Brainers Will Rule the Future***

**4 Thursdays in October, 7:00pm at the HS Campus!
Began last week. Newcomers welcome.
RSVP: cpowers@sfwaldorf.org**

HS PARENT COUNCIL AND GS PARENT ASSOCIATION MEETINGS THIS WEEK!!

◆ HIGH SCHOOL PARENT COUNCIL MEETING WEDNESDAY, OCTOBER 14, 6:30 TO 8:30 PM at the High School, Herbst Hall

You are invited to our first High School Parent Council meeting of the year. Please come to meet the Parent Council Executive Committee and other parents to discuss issues concerning our high school. On the agenda is: Open discussion on drug and alcohol policies at the High School, report on the "Healthy Culture" program and plans for speakers this year and discussion on social opportunities for parents and students. Join us to talk with, and meet, other parents. We will be serving snacks.

Your Parent Council Executive Committee: Ellen Stephens, Chair, Pattie Klimek, 12th grade rep, Paige Hart, 11th grade rep, Leslie Zimmerman, 10th Grade rep, and Jodi Casey, 9th grade rep and Hot Lunch chair.

◆ GS Parent Association Meeting October 15, 2009, 7 to 9 PM, Main Hall

Topic: Academic Preparedness for High School

Meeting Purpose:

- Build community among Parents, Faculty, Staff
- Define what this "academic" thing is (concerns, questions, ideas etc.)
- Identify solutions and suggestions for moving forward together

Agenda:

- Social time (7:00-7:15pm)
- Small group breakouts on key topics - parents, staff, faculty
- Large group discussion, action planning, and updates on (significant) progress to date

ATHLETICS

◆ HS Girls' Varsity Volleyball*

Fri Oct 16	6:00pm	GAME @ International - 150 Oak St (new time)
Tue Oct 20	5:30pm	GAME @ Pescadero - 350 Butano Cutoff Rd
Thu Oct 22	5:30pm	Game vs. Pacific Union - HOME
Fri Oct 23	5:30pm	GAME vs. San Domenico - HOME
Tue Oct 27	5:30pm	GAME @ Bay - 1152 Gorgas Blvd
Fri Oct 30	1:30pm	GAME @ San Domenico - San Anselmo Ca

**Home games are at the Annunciation Cathedral Gym, 245 Valencia St)*

◆ HS Boys' Soccer

Thu Oct 15	4pm	GAME @ Gateway - 1401 Geveva Ave
Tue Oct 20	4pm	GAME @ International - 1401 Geneva Ave
Thu Oct 22	4pm	GAME vs. Leadership - 1401 Geneva Ave
Tue Oct 27		BCL Central Playoffs Begin

◆ GS Girls' Volleyball

6th Grade		
Sat Oct 17	10:45am	Game 4 v. Convent - 2222 Broadway Street
Sat Oct 24	3pm	Game 5 v. St Gabriel - 255 Jules Ave
7th Grade		
Sun Oct 18	2:15pm	Game 5 v. Epiphany - 255 Jules Ave
Fri Oct 23	5pm	Game 6 v. St. Brendan - 201 Ulloa Street
8th Grade		
Fri Oct 16	6:30pm	Game 5 v. St. Gabriel - 41st Ave and Ulloa
Sun Oct 18	12pm	Game 6 v.OLPH - 255 Jules Ave

Last minute updates and directions? Call the Sports Hotlines:

HS- 415-213-6197 / GS- 415-213-6196

You can also get up-to-date athletics information on our websites at www.sfwaldorfhighschool.org/newsandevents/athletics or www.sfwaldorf.org/gradeschool/athletics.

GRADE SCHOOL NEWS

◆ Kindergarten Vision Screening

Monday, October 19, 8:45am - 12n Volunteer still needed. Contact Melinda Price at 415-931-2750, ext 309 to volunteer.

◆ Thank You K1 Parents for the Pumpkins

Please come see the wonderful "pumpkin patch in K1 created with all the generously donated pumpkins including a beauty from Lesley Fischer which was home grown in her SF Inner Sunset garden!

◆ Early Decision Sibling Applications Due in November

In order to streamline the application process for families with siblings who are eligible for our 2010-2011 nursery program and kindergarten, we have moved up the date for applications.

Applications will now be due on Monday, November 2. A kindergarten and nursery play date has been scheduled for Monday, November 16, 3:00 - 4:00 pm. Kindergarten families will meet in one of the kindergartens and nursery families will meet at the nursery.

Applications are now available in the admissions office. Please contact Lori Grey at ext. 302 or lgrey@sfwaldorf.org if you have questions about eligibility.

Lori Grey, GS Enrollment Director

◆ Volleyball Updates

Exciting volleyball wins this past week included the brand new 6th grade team's first win, 7th grade on a winning streak, JV high school girls plus a gripping 5 game match by the Varsity girls against Bay last night! Come out and join our enthusiastic Waldorf fans and show your school spirit!

◆ Open House Volunteers needed

The first of two Open Houses for prospective parents of students entering Nursery through Grade 8 is coming up on Saturday, October 24th. Volunteers are needed for a range of things from baking to set-up to day-of-event help. Volunteer forms are available in the office or online for kindergarten and grade school parents who wish to help. Please return the completed forms to Lori Grey in the Admissions office.

Thank you, Lori Grey, GS Enrollment Director

◆ Grade 8 Book Sale Fundraiser at Books, Inc

Do your holiday shopping on Thursday, November 5, at Books, Inc in Laurel Village from 6 – 8pm at the 8th Grade's Book Sale Fundraiser. Beverages and snacks will be provided.

A wish list for each teacher's classroom will be provided if you would like to donate books to the school. All ordering can be done online if you can't make it in person. Feel free to bring the kids and buy a book for everyone this holiday season while supporting the 8th grade and the grade school library.

Nora Dwyer, for the 8th Grade Families

◆ 4th Grade Field Trip to Hill of The Hawk

Ventana Double Cone-an ice-cream special? Hardly. It is the name of the legendary granite mountain just east of Hill of the Hawk Farm, the magical place where Ms. Bolich's fourth grade learned about the Earth and Native American lore as September slipped into October light.

In our first afternoon, guided by the sure hands and open hearts of Heather Lanier and Daniel Peterson, the class built shelters out of leafy bay and redwood branches. The project was challenging to be sure and it was wonderful to see how assiduously the children applied themselves to the task producing hoop shelters that served as home for the next three nights.

The following day, Tamara Wilder shared her amazing knowledge of Amerindian ways and means. The children learned different methods of making fire; fashioned necklaces from pine nut and soapstone beads they drilled (painstakingly!) themselves; and practiced hunting skills with spear-throwers, rabbit sticks, and bow and arrow. Again, the children's focus was striking. Here was no push-button world; can you guess how long you must scratch a pine nut on a piece of sandstone before you can push the nutmeat out with a bamboo bit?

The children spent the last full day on the farm, learning composting, seed-saving, and food-processing with Heather and her crew. They eagerly received wonderful wisdom about life-cycles and, as usual, worked hard. The most immediate and tangible reward? Dinner of pasta and some of the best tomato sauce one could imagine.

Throughout the trip, our guides communicated a true sense of the deep bond connecting the human being to the creation, and vice versa. Looking at two trees side by side, we witnessed first-hand the startling difference between a "tended" oak, one nourished for years with crushed shells, and an untended one. Viewing Ventana Double Cone, we heard how Native Americans conceived of the mountain as a bridge between this life and the next-literally, a window on another world. In many ways, coming from a fast-paced, electronically driven society, the whole of Hill of the Hawk was just that – and blessedly, sacredly, so.

SUBMIT NOW FOR THE PARENT PROFESSIONAL DIRECTORY

The deadline for submissions is
Friday, November 13, 2009.

This is a wonderful opportunity for
free advertising!

Please contact parent volunteer Vicki Chaban for
more info or to submit your business card or other
information.

victoriacb@mac.com



HILL OF THE HAWK

Big Sur

High above
ocean's endlessness, just west
of Ventana Double Cone,
we ride the barebacked ridge into the
dying
ember of Sun. Fire,
earth, air, water: Nature
is always cooking here, preparing
food we eat in our dreams. Albumen
of Moon—
and when that's mixed in,
Night pours out
star-salt.

We wake to the taste of the new world
on our tongues.

-Daniel Polikoff

OF INTEREST

◆ **Marin Waldorf School's Annual Children's Faire**

On behalf of Marin Waldorf School, we wish to invite you to our annual Children's Faire (appropriate for ages 3-10 years) held on our campus on Sunday, October 18, from 10:00am-4:00pm. We will have outdoor magical games, story telling, puppet shows, organic food, unique vendors and live music. This is a special event for the MWS community and we know that many of you attend each year. http://www.marinwaldorf.org/childrens_faيرة.html

◆ **Summerfield Waldorf School presents**

Addressing the Whole Person: the Role of the Waldorf Parent

Talk by Martin Novom on Friday, October 16, 7:30pm, Sophia Hall, Donation at the Door

As part of the Saturday, October 17th workshop, Martin Novom, CFRE, will present an evening discussion aimed at the questions and issues of being a parent in a Waldorf school. In his lively and warm style, Martin will lead us in an exploration of how we as parents can encourage organizational excellence for our school and still leave each other free as human beings.

The Waldorf Capital Campaign: Transforming Fear into Courage

Workshop Led by Martin Novom, CFRE, Skystone Ryan

Saturday, October 17, Sophia Hall, \$155
(includes Friday evening talk)

Martin will demonstrate the potential of gift money for organizational transformation. This workshop combines "Best Practices: Waldorf Style" with personal, group and school-wide self-knowledge.

◆ **Spatial Dynamics Training**

Spacial Dynamics® movement trainings under the direction of Jaimen McMillan will begin in Los Gatos, California on October 25!

Learn to experience your body and surrounding spaces in ever more lively, conscious, intimate, and ever widening ways through the vibrant study of Spacial Dynamics®.

For complete information on these and other programs for teachers, parents, and the community, please visit SDI's website at www.spacialdynamics.com.



San Francisco Waldorf School. www.sfwaldorf.org
Grade School: 2938 Washington Street, SF, CA 94115;
tel. (415) 931-2750; info@sfwaldorf.org
High School: 470 West Portal Avenue, SF, CA 94127;
tel. (415) 431-2736; highschool@sfwaldorf.org
Comments regarding these Announcements or requests
or e-mail pdf copies can be sent to cpowers@sfwaldorf.org

◆ **Concert: G. F. HANDEL Chandos Anthems**

Presented by San Francisco Bach Choir with Erica Schuller, soprano; Craig Lemming, tenor; and the SFBC Baroque Orchestra

Saturday, October 17, 8pm, Sunday, October 18, 4pm (FREE Lecture SUNDAY, 3pm)

Calvary Presbyterian Church, Fillmore & Jackson, SF

Advance \$28/\$24 (\$15 Student), Door \$35/\$30 (\$20 Student)

Tickets: sfbach.org; 415-441-4942

NOTE: SFWS grade school music teacher Lisa Sargent is a longstanding member of SF Bach Choir.

◆ **All Souls Day Gathering**

Sunday, November 1, 4:00-5:00pm

"Just as beauty comes to us (in this world) from art, so beauty streams to the dead from what rays forth out of the hearts and souls of those who keep them in memory."
Rudolf Steiner

You are warmly invited to the second annual All Souls Day Gathering to remember those who have died. The program will include music, eurythmy, a short talk, and a time of silence during which to picture those we are holding in our thoughts. Please bring a votive candle to light. Karen Apana and Karen Gierlach, Event Organizers.

Eurythmy Room, San Francisco Waldorf High School, 470 West Portal, San Francisco. Directions to the High School can be found at

<http://www.sfwaldorfhighschool.org/contact/directions.asp> Parking available.

◆ **Community Enrichment Courses at the Bay Area Center for Waldorf Teacher Training.**

Workshop with Oliver Steinrueck: "Reverence for the Young Child at Home"

2 sessions - 8:45 to 10:00am, Thursday November 5th and Thursday November 19th. Cost: No fee. Donations accepted. Enrollment: Minimum of 8; open to parents of children enrolled in a Waldorf, or Waldorf-inspired school. At Marin Waldorf School, 755 Idylberry Road, San Rafael, CA 94903

Talk by Kate Kristensen: "How Being a Waldorf Parent Helped Me Succeed in Corporate America: Keeping a Waldorf lifestyle in balance with professional demands."

7:30 pm on Tuesday, November 10th. Cost: No fee. Donations accepted. At Summerfield Waldorf School, 655 Willowside Ave, Santa Rosa, CA 95401

Talk by Dr. Philip Incao: "Should We Be Afraid of Illness?"

7:00 pm Thursday, November 12th. Cost: No fee. Donations accepted. At Marin Waldorf School, 755 Idylberry Road, San Rafael, Ca 94903

To register, please call the office at (415) 332-2133. Early registration is much appreciated, and will help to ensure that the minimum numbers are reached in advance.