



October 28, 2009

weekly announcements

COMING UP ...

...ALL SCHOOL

- ◆ ALL-SCHOOL FACULTY IN-SERVICE DAY - NO CLASSES
Mon Nov 9
- ◆ DEVELOPMENT LIAISONS MEETING
Mon Nov 2, 7 - 8:30pm

...FOR THE HIGH SCHOOL

- ◆ HS HALLOWEEN DANCE (SEE PAGE 2 FOR DETAILS)
Fri Oct 30, 7 - 11pm
- ◆ HS FALL SPORTS BANQUET
Thu Nov 12, 7 - 9pm
- ◆ OPEN HOUSE FOR PROSPECTIVE HS FAMILIES
Sun Nov 15, 1 - 4pm
- ◆ HS WINTER SPORTS PARENT MTG
Tue Nov 17, 7 - 9pm

...FOR THE GRADE SCHOOL

- ◆ NURSERY LANTERN-MAKING
Tue Nov 3, 7:30 - 9pm, Sacramento Street
- ◆ GRADE SCHOOL PHOTO DAY
Wed Nov 4
- ◆ 3RD GRADE HARVEST DINNER
Wed Nov 4, 5:30 - 7:30pm, Main Hall
- ◆ 7TH GRADE PARENT EVENING
Tue Nov 10, 7 - 9pm
- ◆ "THE FROG PRINCE" MARIONETTE PERFORMANCE
Sun Nov 15, 10:00am & 11:00 am
- ◆ 1ST GRADE CLASS MEETING
Mon Nov 16, 7:15 - 8:45pm
- ◆ KINDERGARTEN PARENT EVENING - GS EURYTHMY RM
Tue Nov 17, 7 - 9pm
- ◆ MIDDLE SCHOOL ENROLLMENT EVENT
Wed Nov 18, 7 - 9pm
- ◆ 2ND GRADE PARENT EVENING
Wed Nov 18, 7 - 9pm

Visit the calendar pages at www.sfwaldorf.org and www.sfwaldorfhighschool.org for more.

Above: Kindergarten wax crayon drawing

TOWN HALL MEETING

TONIGHT AT THE HIGH SCHOOL!

HONORING OUR PAST, DEFINING OUR FUTURE

Wednesday, October 28, 7:30 - 9pm

470 West Portal, Muni lines K,M, 23, 28, 17

The agenda for the meeting will be as follows:

- 7:15-7:30 Social/refreshments
- 7:30-8:20 Introduction; Financial Overview; Strategic Planning
- 8:20-9:00 Questions and Answers



HALLOWEEN FAIRY WALK

Saturday, October 31

SOLD OUT - no tickets at the door!



BOOK FAIR

Thursday, November 5, 6 - 8pm



Books Inc, Laurel Village - 3515 California St.

Purchase books for your favorite reader or donate to the school (book lists provided).

Refreshments, social time, child care and more.

Proceeds from any sales during the event or pre-ordered through the 8th grade will benefit the 8th grade class fund.



HEALING OUR CHILDREN WITH ATTENTION, LEARNING AND EMOTIONAL CHALLENGES

A TALK WITH SUSAN JOHNSON, MD

Tuesday, November 10, 7:30-9:00pm

Grade School Campus. Donations welcome

Dear Friends!

Did you receive your Ostheimer catalogue and order form? I hope that you are excited about the sweet gifts for the young ones that can be ordered for many upcoming occasions!! The orders are due soon. Please turn your order form in to the grade school office by Thursday, November 6! If you need a new order form or any help at all, please check in with the office or email Courtney at ccwoodrow@comcast.net.



Happy autumn, Courtney Woodrow for the Parent's Association.

Order deadline is Thursday, November 6!!



Design Thinker?

If you are a design thinker, please contact parent Adelaida Mejia (12th grade parent). We need your talents!

email: adelaida@mejiadesign.com or call 415-647-6693

ALL SCHOOL NEWS

◆ Parent Professional Directory Deadline Approaching!

The deadline for submissions is Friday, November 13, 2009. Our hope is to distribute the directory before Christmas break. **We hope every parent participates.**

This is a wonderful opportunity for free advertising! Please feel free to contact Vicki Chaban with any questions at the address below.

Please email your business description to:
victoriacb@mac.com

Vicki Chaban, Gr. 3 parent and Development Liaison

ATHLETICS

◆ HS Girls' Varsity Volleyball*

Fri Oct 30	1:30pm	GAME @ San Domenico - San Anselmo
Mon Nov 2	4:30pm	GAME vs. Leadership - HOME
Wed Nov 4		BCL Central Playoffs, 150 Oak St.
Fri Nov 6		BCL Central Championship, 150 Oak St.
Wed Nov 11		NCS Championships - TBA

*Home games are at the Annunciation Cathedral Gym, 245 Valencia St.)

The HS Girls volleyball team is heading toward the playoffs in 2nd place. Come out and cheer the team on!

◆ GS Girls' Volleyball

6th Grade

Fri Oct 30	7:30pm	Game 6 v. Epiphany - 827 Vienna St.
Fri Nov 6	8:15pm	Game 7 v. Good Shep. - 40th Ave/Lawton
Sat Nov 7	2:15pm	Game 8 v. Corpus Christi - 255 Jules Ave

7th Grade

Fri Oct 30	5pm	Game 7 v. St. Gabriel - 41st Ave & Ulloa
Sat Nov 7	9am	Game 8 v. St. John - 2001 37th Ave

8th Grade

Sat Oct 31	10:30am	Game 7 v. Epiphany - 2001 37th Ave
Sat Nov 7	11:15am	Game 8 v. OLM - 2001 37th Ave

Last minute updates and directions? Call the Sports

Hotlines:

HS- 415-213-6197 / GS- 415-213-6196

You can also get up-to-date athletics information on our websites at
www.sfwaldorfhighschool.org/newsandevents/athletics
or www.sfwaldorf.org/gradeschool/athletics.

HIGH SCHOOL NEWS

◆ HS Dance - Friday, October 30 Sponsored by the Senior Class

Admission is \$5 with costume, \$8 without costume. Each student is allowed to invite two guests. Guests' names must be submitted to the high school office in advance. SFWHS's rules for school dances are spelled out in the Student Handbook, "Conduct at School Dances."



◆ Celebrate Fair Trade Month and Support Our 12th Grade



Fair trade certifier TransFair USA has designated October as Fair Trade Month. Check out their website at <http://www.fairtrademonth.org/> for tips on how you can join the fair trade movement to support farmers worldwide. One easy way to participate is to purchase fair trade coffees, teas, chocolates and other treats from our 12th grade. Our products are from Equal Exchange, a worker owned coop that is the first fair trade product provider in the US. Please use the order form, attach your check, and your order will be sent home with your student.

Questions? contact Eileen Leatherman at reileenl@gmail.com

◆ Community Service: A Day at the Farm



Because of my involvement in the Waldorf High School Environmental Club, I chose to work at Alemany Farm for my community service project. The farm is collaboratively run by city officials and Alemany residents, but it relies heavily on volunteer involvement to maintain and harvest the fruits and vegetables. Our high school group worked on a regular Monday for volunteers, which anyone can attend. We were given a tour of the site and saw dozens of varieties of edible plants. When the trucks arrived with their trunks filled with mushrooms, we had to cart wheelbarrows full of the plants to our planting site and sort them into their categories. As we were given a tutorial on the specifics of planting mushrooms, it began to rain heavily. During the process of clearing the ground, disinfecting the plants, planting and covering them, the rain continued to pound down but we didn't stop even when we were completely soaked to the skin! Afterwards we were able to harvest any of the ripe produce grown on the farm and take it home with us.

The whole experience really opened my eyes on how much work it takes to maintain a farm, or even a garden, and I really gained an appreciation for the work these people do. I look forward to continuing my service days at the farm, although I hope we will not be so drenched!

Tabetha Sun, Class of 2011

Editors note: Alemany Farm empowers San Francisco residents to grow their own food, and through that process encourages people to become more engaged with their communities. Find out more about Alemany farms at www.alemanyfarm.org.

GS PARENT ASSOCIATION

◆ Winter Fair is Looking for a Head of Finance

Be the “chief star counter”! The previous “chief star counter” is ready to be your mentor throughout this process! To do this job you should be:

- * organized, able to multi-task
- * attentive to details, esp numbers
- * enthusiastic to contribute to the event
- * a plus: familiar with Excel

Questions? Contact Mitch in the Development office at 415-931-2750, ext 322 or mmitchell@sfwaldorf.org



Composting from start....



...to finish.

Photos: Amy Belkora

GRADE SCHOOL NEWS

◆ Pennies for Peace

One Penny Buys One Pencil

The children in the village of Korphe, Pakistan, sang their national anthem to start the day. When they finished, the young girls sat down in the dirt and quietly began writing out their multiplication tables. A few had slates on which they wrote with sticks dipped in mud; the rest scratched in the dirt with sticks. They had no teacher, yet they were determined to have an education.

Greg Mortenson, author of *Three Cups of Tea*, was inspired to help out these poor children. He builds schools not only all over Pakistan, but Afghanistan as well. To help these children receive the supplies they need, we have placed jars for collecting change in the grade school office, our own classroom, as well as a few other classrooms. You can donate money, even if it's as little as a penny. Remember, a penny can make a difference - in this case, a difference for the better.

Raina Christeson and Haley Grey, Grade 6 students

◆ Photo Day at the Grade School Next Wednesday, November 4

◆ New Round of Pizza Lunches

A second round of Tuesday pizza lunches begins on Tuesday, November 10. All pizza orders are due by Thursday, November 5!! Thanks for participating in the 8th grade fundraiser.

This order form link is available at <http://www.sfwaldorf.org/news/>

◆ Sibling Applications Due in November

Applications for siblings of current SFWS students who are eligible for our 2010-2011 nursery program and kindergarten are due on Monday, November 2. A kindergarten and nursery play date has been scheduled for Monday, November 16, 3:00 - 4:00 pm.

Lori Grey, GS Enrollment Director

◆ October in the Gardens

The third grade completed the harvest, threshing and winnowing of the rye, wheat, and barley grains. They harvested a big bed of potatoes and the remaining heads of garlic. These are among the ingredients for our Harvest Dinner on November 4th.

The third graders are quite fond of our Very Hungry Caterpillars which live amongst the green cabbage leaves in our school garden. Each group of gardeners carefully picks through the cabbage leaves following the telltale signs of the hungry beasts. Usually we find three or four, and these go into jars (along with more cabbage to eat!) so that the children may watch the caterpillars turn into moths. Then, the cycle repeats itself as the children let the moths go right back into the garden where they lay even more eggs for the next generation of Very Hungry Caterpillars. Experiments like these are quintessential pleasures of an educational garden!

At St. Anne's the classes have finished the preparatory wood chip laying at the Tower Garden and we now prepare to build the raised beds and several compost piles. Down below in the Home Garden, we have harvested the last tomatoes and delighted in digging up the leftover fertilizing fish bones underneath the plants. We have taken in the corn, eaten the summer squash, and harvested a miniature pumpkin for each class.

In the next weeks we will plant the native wild flower seeds and the bee-friendly plants in the western end of the Home Garden. Fall is a great time of year to start plants in the Bay Area: they establish well in the coming rainy season. We have an assortment of hummingbird and bee friendly shrubs and flowers, including salvias, monkey flower, members of the mint family, and native poppies.

I am recruiting volunteers to grow a stand of purple vetch at home. Vetch is a nitrogen-fixing cover crop. May Fair organizers will use the purple flowers and stems to create beautiful head garlands. After you harvest the flowers for the Fair, you can turn under the rest of the plant to add organic matter and fix nitrogen in your soil. Please contact me if you'd like some seeds to plant now.

Amy Belkora, Gardening Program

Thank You, Dear Volunteers Grade School Open House

Last Saturday's open house was a resounding success! Thanks to all the wonderful parent volunteers who baked, prepared and delivered food, staffed the registration table, set-up and broke down the food tables, conversed with prospective parents, and stayed for clean-up! Big hugs to Judi Draisin-Jones, Cathy Liu, Frances Trefny and Susanna von Rombs for getting there early and staying late on Saturday. More hugs to Ghita Harris-Newton and Laura Hudgens for your shopping skills. Another big hug to Nancy Petrin for her zen-like demeanor while stuffing applications. And last but not least, a group hug to our bakers and top chefs: Juliana Beach, Ariana Beels, Amy Belkora, Renee Chua, Monique Duncan, Anne Fischer, Amy Gregg, Amy Kalfsbeek, Noriko Nagaki, Sandra Salatic, and Nat & Jib Wongprasert.

We couldn't have done it without you!

Upcoming...our next open house on November 21.

-Lori Grey, Enrollment Director

◆ All Souls Day Gathering Sunday, November 1, 4:00-5:00pm

"Just as beauty comes to us (in this world) from art, so beauty streams to the dead from what rays forth out of the hearts and souls of those who keep them in memory."

- Rudolf Steiner



You are warmly invited to the second annual All Souls Day Gathering to remember those who have died. The program will include music, eurythmy, a short talk, and a time of silence during which to picture those we are holding in our thoughts. Please bring a votive candle to light.

Karen Apana and Karen Gierlach, Event Organizers

Eurythmy Room, San Francisco Waldorf High School, 470 West Portal, San Francisco

Directions to the High School can be found at

<http://www.sfwaldorfhighschool.org/contact/directions.asp>
Parking available. Muni lines K, M, 23, 28, 17

OF INTEREST

◆ Community Enrichment Courses at the Bay Area Center for Waldorf Teacher Training

Workshop with Oliver Steinrueck: "Reverence for the Young Child at Home"

2 sessions - 8:45 to 10:00am, Thursday November 5th and Thursday November 19th. Cost: No fee. Donations accepted. Enrollment: Minimum of 8; open to parents of children enrolled in a Waldorf, or Waldorf-inspired school. At Marin Waldorf, 755 Idylberry Road, San Rafael, CA 94903

Talk by Kate Kristensen: "How Being a Waldorf Parent Helped Me Succeed in Corporate America: Keeping a Waldorf lifestyle in balance with professional demands."

7:30 pm on Tuesday, November 10th. Cost: No fee. Donations accepted. At Summerfield Waldorf, 655 Willowside Ave, Santa Rosa, CA 95401

Talk by Dr. Philip Incao: "Should We Be Afraid of Illness?"

7:00 pm Thursday, November 12th. Cost: No fee. Donations accepted. At Marin Waldorf School, 755 Idylberry Road, San Rafael, Ca 94903

To register, please call the office at (415) 332-2133. Early registration is much appreciated, and will help to ensure that the minimum numbers are reached in advance.

◆ Au Pair Family Wanted

I'm a 19 year old from a German village near Cologne and I am seeking an au pair position in the Bay Area. In addition to 3 siblings, I have worked as a babysitter for 5 years. I have studied English for 8 years, and have been on 5 exchanges in America and England. I also have an international driver's license and basic knowledge in cooking and other housework.

My au pair organization is the Cultural Care Agency. For me to get my working VISA, I must make any arrangements through them.

Please email me at: elisabeth.schmees@gmx.de. I'm in San Francisco at the moment and will be here until November 2nd. I would love to have a personal meeting. Sincerely, Elisabeth Schmees

Elizabeth and her family are acquainted with several Waldorf families through German exchanges. Contact Paige Hart, 11th grade parent, if you have additional questions.

◆ Free Concert - Mrs. Sargent Says, "Don't Miss It!"

Fabulous concert opportunity on Sunday, November 1 at 2:00 PM - San Francisco Conservatory Baroque Ensemble presents excerpts from Purcell "The Fairy Queen," Locke's "The Tempest'," as well as Handel Concerti and Overture from Giulio Cesare. A virtuosic program for baroque orchestra, instrumental and vocal soloists, and chorus. All in the lovely and historic Concert Hall. 50 Oak Street, San Francisco, MUNI to Van Ness station.

Grade school music teacher encourages all students to bring their parents for what promises to be a fun and beautiful concert.

Admission is FREE!!

Those planning to attend the All Souls Day gathering can leave at intermission, hop on Muni and be at the high school in 15 minutes.